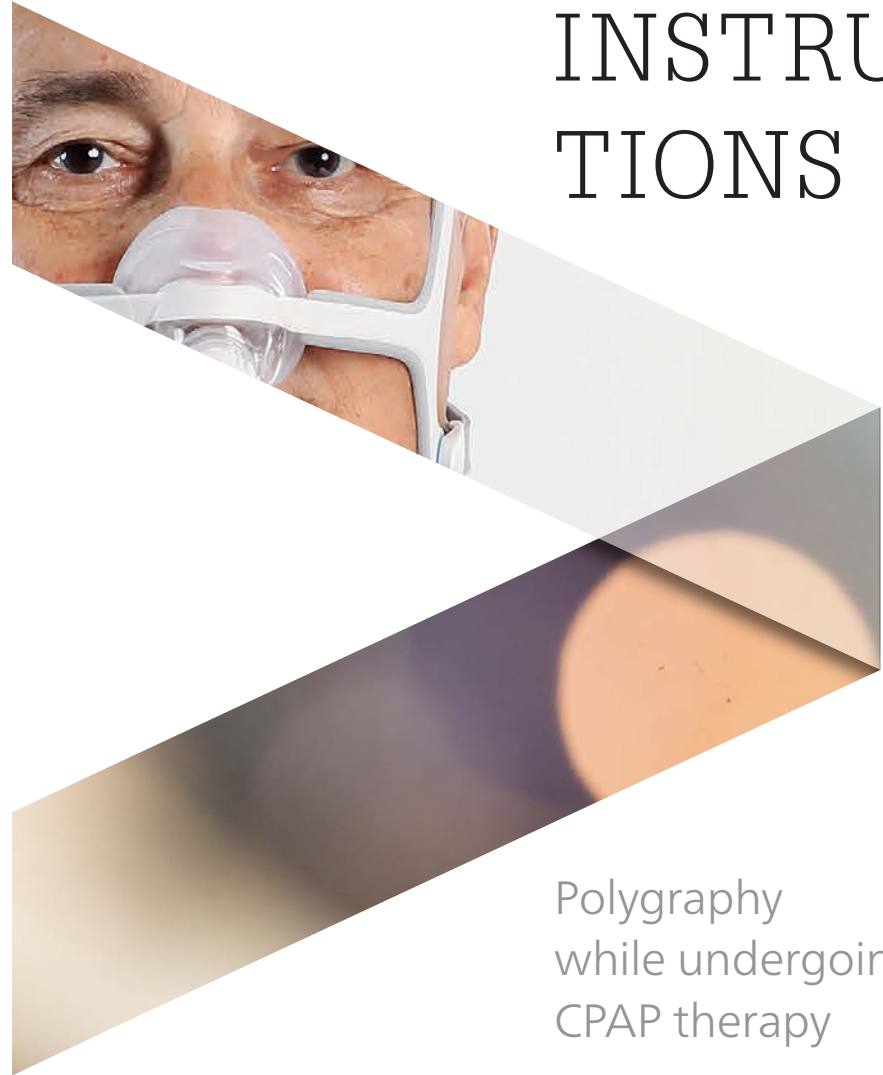




Accessories

- Polygraphy device with bag and neck strap
- Adjustable chest strap (long) with two integrated thorax sensors
- Adjustable abdominal strap (long) with one integrated abdominal sensor
- Oxygen saturation sensor with plugged-in connection cable and Velcro strap (short) for fixation to the wrist
- Adapter for the patient's CPAP machine
- Patient's CPAP machine with hose and mask

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INSTRUC- TIONS

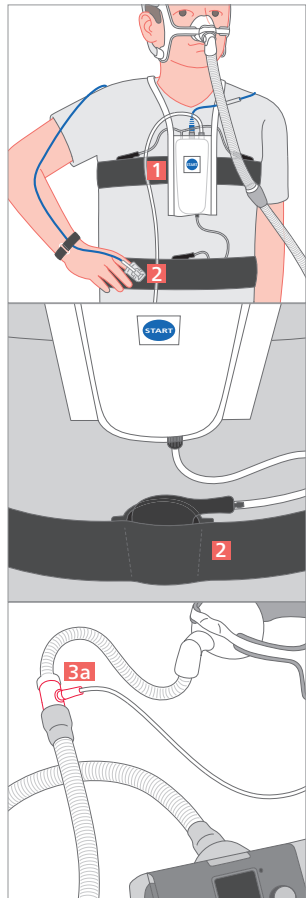
Polygraphy
while undergoing
CPAP therapy

Important information

Do not test start the device → The device cannot be switched off again.

- Fill out the enclosed patient records correctly and completely.
- Remove nail polish, gel nails and fingernail attachments before the examination.
- Do not put the oxygen saturation sensor on the same limb as the 24h blood pressure device cuff if these two devices are worn at the same time.
- Mount and start the device before going to bed.
- Recording time max. 8 hours, suitable for patients weighing 50 kg and over.
- Do not use in the vicinity of CT, MRI, and X-rays.
- Mobile phones, strong electromagnetic sources and electric blankets can affect the quality of the recording.

Attaching the device



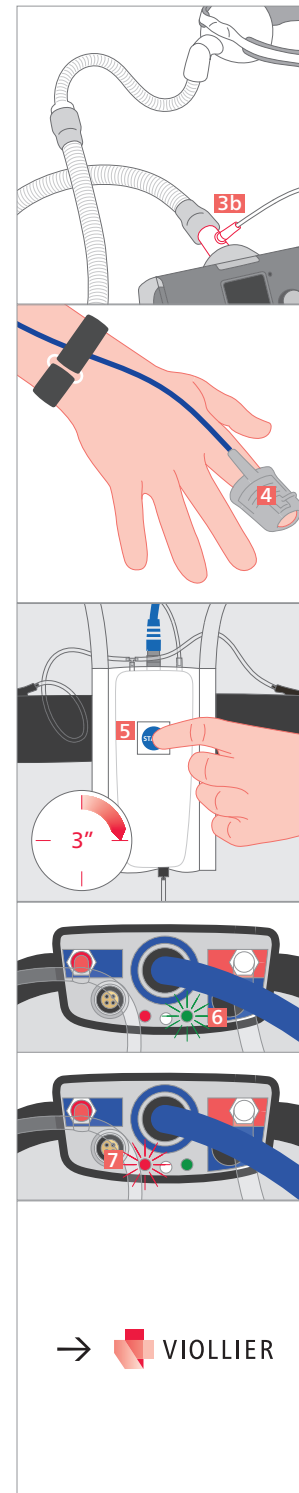
Mounting the device before going to bed

- Do not wear the device, abdominal and chest strap directly on the skin.
- Pull the neck strap and the device over the head.
- Fix the device centrally at sternum height using the chest strap **1** → at the level of the nipples for men and on the upper part of the chest for women.
- Pull the abdominal sensor with the abdominal strap **2** around the abdomen (at navel level). The pressure sensors must be on the inside of the strap. Tighten both straps, but not so much that breathing is restricted.

Connecting the CPAP machine of the patient with the adapter

Variant 1 – adapter between mask and hose **3a**

- Detach the intermediate piece including the mask from the CPAP machine hose.
- Insert the adapter on the CPAP machine hose.
- Insert the intermediate piece including the mask into the adapter.



Variant 2 – adapter between CPAP machine and hose **3b**

- Detach the CPAP machine hose from the CPAP machine.
- Insert the adapter in the CPAP machine.
- Insert the CPAP machine hose in the adapter.

Fitting the finger sensor

- Mount the oxygen saturation sensor on your finger with the fingernail symbol facing upward. Pull the finger sensor over the finger until the fingertip is visible.
→ Finger sensor **4** may be switched from one finger to another during the night.
- Suitable fingers: Index, middle and ring fingers (without nail polish, gel nails or fingernail attachments)
- Fix the sensor cable to the wrist with the Velcro strap.
- If the finger sensor comes off at night, please reattach it.

Starting the polygraphy device

- Press the front blue start button **5** for 3 seconds.

- During recording, the green light **6** flashes every 4 seconds. If a red light **7** appears next to it, then the finger sensor is not correctly positioned
→ please correct this.

Starting the CPAP machine

- Place the CPAP machine mask over your face and switch on the CPAP machine according to the manufacturer's instructions.

→ In the morning, dismount the device and return it to the Herz-Lungen-Praxis.

Device switches off automatically after 8 hours.

